

January 29, 2022

The Lord wants you to experience real and abundant life:

Gal. 5:22-23 *But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.* (NIV)

The third fruit that we have, because of the Spirit living within us, is peace! The Greek word is **eirene** which means *quiet, rest and peacefulness*. In this world and in the way of the world there is an absence of peace. There is always conflict, distress and anger. People are looking for peace, but they cannot seem to find it in what the world has to offer. Paul mentions the peace that we are looking for in **Phil. 4:6-7** *Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.* (NIV) To further the comprehension and origin of the God-given peace, Jesus reminded His disciples of this in **John 14:26-27** *But the Advocate, the Holy Spirit, Whom the Father will send in My name, will teach you all things and will remind you of everything I have said to you. Peace I leave with you; My peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.* (NIV)

When most people are anxious, worried, hope-less and stressed, we can walk in the peace of the Spirit because we know that this world and this time is not the end. There is hope in the peace of the LORD and from His promise of eternal life with Him in a place that He has prepared for us. That is blessed assurance!

Dear LORD, thank You for the peace that You give to us through the Holy Spirit. It is Your peace that we have because of what You have done for us. Help us to not be anxious but instead be confident in what You have done for us. In Jesus Name, Amen